dewdrops ozen rajneesh

when one reaches home after a long journey after struggling life after life the first thing that happens to a mystic are tears of gratitude and celebration those tears i call the tears of the mystic rose... it was morning...there was a rose...dewdrops and my tears falling and the rose mysteriously as if the rose was crying to see this phenomenon that here is the man...here is the master he is awakened and the rose is the witness !!

there is no reality to the i...just your identification this identification makes it appear to be real you can never drop the i just understand that identification creates the false i simply drop identification detach yourself observe watch and the i disappears into smoke watching silently...no thoughts...with no judgments simply watching the knack of watchfulness grows stronger and this separates you...from attachment from identification with the i

everything collapses inwards the whole sky collapses inwards the outer merges with the inner and it is no more an explosion it is not that you are becoming enlightened now...you are no more ! the walls have completely disappeared and the last explosion is called an implosion where the dewdrop has become the ocean now the ocean has become the dewdrop

we ignore all that beauty that surrounds us look at this beautiful nature so silent so much radiation of light and we go on searching for light just look around ! and the closer you get to understand the more you will feel your inner being and it will reach out to everything that is nature and all of nature will reach into your being and you will be one with this beautiful universe that surrounds you this is the song of truth this is the dance this is the celebration this is the gift of life these are such beautiful gifts

just feel the radiation from a simple hand nothing more than that if you can catch that thread and not only from an enlightened person... but from anything that lives you can understand life from every source from the children from your mother from somebody who loves you a flower these are all innocent sources of truth you do not need a master a master is indicating to you that a flower is enough he is indicating that the eyes of a child are enough

just feel its harmony its beauty its aliveness its buzz reaching out into all that is natural and living around you soon the inner will reach the outer and the trees and the birds and the rivers and the mountains and the rocks will start dancing with your inner you are all of existence you are all that is living reach out...it will reach you there will be no boundary

just a pure individual seeking silently his inner being and whatsoever comes as a radiation just a natural flowing out towards others with no conditions... and when it reaches others you will be grateful that they have received they do not owe you anything even if you are giving your love to somebody it is out of freedom if that person accepts your love you should be grateful that somebody received it

transformation means going beyond into the state of no mind no mind is simply a state it is a state of vertical peaked orgasmic movement finding the breath within the breath is the real secret again i say it very simple take the whole energy higher...higher...higher...higher... come to the peak ... the breathing stops you are in the gap...you are not breathing... breathing in and breathing out they are part of the mind... the gap is part of nomind

we have to come back to that state of simply reflecting i call it pure innocence so beautiful are you not blessed that your search is for innocence? what a relief ! how do you feel when you know that your search is for innocence? it has a totally different flavour it has a totally different taste you can relax you can let go into not knowing you can dance and sing in your innocence what a beauty ! all that weight off your shoulder you are flying !

there has never been an answer no buddha has returned with an answer they have returned utterly lost into the unknown just drunk with this divine experience utterly innocent...like a child not knowing anything but their dance and their celebration their innocence knows all and it is the only thing worth knowing your innocence and the very beauty of life then you can simply dance and in that dance a showering of gratitude towards existence for this precious gift of life you have such a great treasure life ! to experience life to live it to share it you have life to share

live the state of truth drop by drop moment by moment then there is nothing to search there is something to dissolve into truth is the ultimate you will have to surrender one day to it it is just a matter of time everything surrenders to truth ultimate victory is of truth it is never lost...never truth is the ultimate victory and love and compassion is the way let them find their home into your heart

this game of therapy...analyzing and dissecting and trying to understand the darkness it is like trying to analyze your shadow and no matter how much you analyze the shadow will simply follow you you cannot dissect shadows in the very first place they are shadows ! do not fight a shadow do not fight the ego of the so called conditioning do not fight what you do not have you are fighting an absence ! you are fighting that which does not exist it is your ignorance that you are fighting and you are going deeper into ignorance do not fight darkness with darkness do not fight the shadows of conditioning with your mind...with analysis bring in the light !

just the miracle of life and truth is hidden within it you do not need to find the answer to the miracle get lost into it and your life will become so beautiful such a mystery... such a freshness... such aliveness... my eyes are fresh... my heart is free... it is raining... i am dancing...

just be where you are become a silent being of stillness going nowhere...utterly still and the window will not open...it is already open ! you do not need to open it just allow it to settle into you it is a deep let go into a deep relaxation

listening to a waterfall... is a sermon not even gautam buddha can deliver no master can deliver that soundless sound so perfectly who is the greatest master ? that waterfall ! but do you know how to listen ?

we are very few people in this world each one has to contribute and share their celebration and love you will grow...the other will grow and life is all about growth understand the beauty in you and the light in you just share love and you will see their eyes are responding their whole being responds you are searching freedom and truth is the ultimate freedom live in freedom and allow the others total freedom freedom is important to you so allow the other to be free what you want for yourself give it to the other innocence is truth itself it is the greatest quality you have within you on the inner search on the mystical path treasure your innocence !! the ultimate truth will never be known you will be consumed by it you will be drowned into it and you will fall into the state of innocence just like a child



when you are absent everybody becomes you ! not only human beings also the animals..the birds..the trees the river..the butterfly..the rocks everything becomes you you want to take care of every particle of existence it is like a mothers womb

it is not even a search search means somewhere else that you are here and you are searching there you are it ! no need to search you are it experience your isness it is not a search

the inner search is not a search it is a deep love affair with your inner beauty it is an expression of your love celebrate...express yourself share your beauty and the more you will share the space within you the more space will grow we are here out of the abundance of nature nature has so much to give it has given us life and the human form is the highest evolution in nature it is such a creative loving gesture of this universe to give you life all you can do is celebrate and share all that is beautiful in you express it...share it i cannot translate the word gratitude...it is too deep...too sensitive a teardrop would answer it perfectly well and i am not speaking about buddhahood and enlightenment remember...just natural human gratitude whatsoever or whosoever it is this source of life...wherever this source of life is i bow to it !! and i am grateful for whatsoever i am receiving every moment this heart...this expression...becomes the soil for your inner search this vibration of consciousness will become the new man within you gratitude is the window to the new sky when you will experience truth you will not be grateful you will die utterly ! it is utter death !

the waterfall is trying to touch your heart the sunset is trying to penetrate you with its rays everything is reaching out towards you everything is collapsing upon you hence the great yogi says that the whole universe is within me what he is saying is my walls have simply disappeared the whole universe is simply collapsed within me i am so vast when i have no doors...no windows an open state...this vastness this universe is contained within me

do not accept anything as real seek what is real and you will never find the answer... you will dissolve and the mystery will become deeper and deeper with no answer in your hand you will fall deeper and deeper into the silence never take any answer for real... then you will hold onto it and it will be a lie there is no such thing as truth as long as you are still here the moment you will disappear you will open your eyes in wonder and somebody will ask you...what is the truth? you will simply cry know perfectly well you have then understood

we are looking at each other

because we have been taught to achieve...judge...and condemn and that is the way people are fighting in the world they are teaching you how to fight with others slowly you start fighting within yourself the moment you start judging others and comparing with others that same quality comes within you you start judging yourself and comparing with others it is bound to happen you will be filled with that same poison

breath is life the body is always present and to keep alive...breath is always herenow breath is the key to becoming present watching the breath... you have to breathe herenow our breathing has become unnatural uneven...unnatural...imbalanced thoughts emotions...a fast living pace affect our natural breath understand the circle of breath breathe in...thought...desire... gap breathe out...action...expression... gap in this pure sense...each inward breath creates a desire and each out breath releases and expresses through action

if this is balanced...the gap is enlarged

become natural natural flowering...you can call enlightenment i do not even want to call it anything else be drunk with the divine this overflowing beauty everywhere so much beauty nature is so dazzling the waterfalls...the forests...the trees so much beauty...in such harmony this beauty and harmony is what lao tzu calls the way of tao just fall in tune with the trees and the rivers with the waterfalls and the ocean just fall in tune with it it makes you realize that you are part of nature and if nature can be so beautiful and you are the highest flowering in existence how much beauty must be contained within you? the deeper you will go into the roots the higher you will climb naturally into the sky the tree is not climbing...it is settling into the earth and naturally there is going to be an equal and opposite force push into the earth and the equal but opposite force will be the result the tree does not struggle it simply relaxes in the spring and the rain comes and the air becomes fragrant the overflowing energy turns into flowers and fruits and fragrance it is so utterly naturally settled into being sit under a tree become silent and the tree will show you the way the human being is also like a tree your seed...roots...trunk...branches... flowering...fragrance... you are a walking tree

the fish is born in the ocean it lives in the ocean so it never knows the ocean it has never been separated from the ocean it is born in the ocean...swims in the ocean ignores the ocean completely for the fish the water is all around it is so close and it is so one with the water it does not know it is life itself but pull the fish out of the ocean and suddenly it realises...my god this is ocean !

find your natural body rhythm have a deep sleep breathe deep...ahhh... wake up when the birds wake you up live with nature drown into nature connect to nature nature is the greatest silent master if you cannot listen to nature to the trees and the river and the waterfall if you cannot feel the earth and its life then you do not know your inner master

once in a while i see your beautiful tears these are the real treasures these are the greatest treasures tears come from such deep inner spaces out of such a joy that for no reason tears come out of the eyes look at the value of those tears ! they are indicating that life is flowing within you they are indicating that you are living have you seen a dead man cry? this softness is your inner sky treasure it it is simply a dissolving into your beauty into your own inner sky your love it is a deep love affair with your own inner grace you are not an ordinary person you are a divine being graceful...filled with light and love you have so much love in you ! you can spread it to each and everyone you meet you have so many treasures in you
you are king of your own inner kingdom this is your kingdom..this is your temple... live in your temple like a priest enlighten yourself you have enough light spread it through your doors and your windows and soon your body will be your temple and your whole life will become a prayerfulness do not believe in the mind that is the best way to deal with it simply ignore it...that is detachment if you want to deal with the mind you have already acknowledged that it exists when you say...i must deal with this mind you have said it is real ! i am saying it is a shadow and an illusion ignore it...it disappears

your being...it gets one pulse of life moment to moment just one little pulse of life but so many dreams ! so many desires ! so much to do and to become ! and life is so fragile you have no time left to breathe too many goals who has time to breathe? who has time for life? one pulse...one pulse...one pulse... few beautiful moments of life are given to you on this planet and now you see why people have gone mad one pulse at a time...a million dreams...a trillion futures... where can you run? you are filled with misery because you cannot achieve it but in the first place it was not there to be achieved !



this experience of weightlessness just feather lightness with no sense of body...always surrounds you in a way the mystic is searching his childhood again just that innocent silent state where everything was simply buzzing and truth was showering the mystic goes backwards into this sensitive space just become sensitive again with a clarity with pure open eyes and go deeper and deeper to that moment where mind had not entered yet

self awareness is stupidity... when there is awareness...there is no self !!

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from the source draw the act through the heart let is pass through and flow through your finger tips let the source spread slowly slowly through your entire interiority so this light can fill your inner being and you become so filled with this silence that slowly slowly it starts radiating outside you there is no boundary to your inner being the moment you know your inner there is no more inner and no more outer the inner and the outer melt and merge and you can feel its radiation hence i say...live meditatively live each and every small act consciously and in that small act of yours the centre will find its way and flow be gentle with yourself be open...



my god...we are living miracles and people are searching miracles ! the miracle is searching a miracle... you are the miracle and the miracle is hidden within you god is hiding make it more alive and your presence is the presence of this divine livingness

anywhere everywhere ! anything anyhow ! just dance ! just dance with the breeze...with the stars with the moon...with the sun...with the trees it is so infectious ! dance with the bamboos with the trees in the rain have you seen the mystics when they reach? they simply go into a dance they are not dancing anymore they have gone into the dance and only the dance remains

the fragrance of the rose is an overflowing abundance of its wholeness because it is natural and so much stillness and silence it is flowering abundance

the meditator is one who stops chasing things objects...dreams...desires... they lead you away and they do not fulfil you it takes you away and you miss the moment... that you are living presently herenow just learn to live herenow understand that you are perfect when you are in this moment everything is present

reaching out towards the universe and the universe is reaching towards you this light that envelops and surrounds your body is falling upon you and keeping you alive feel the presence that surrounds you that too is you it is you alive...coming into your body it is falling upon you...like showers of rain...keeping you fresh just feel the subtle body that surrounds you in a soft sensitive manner and you will certainly realize my god...i am so vast ! and slowly slowly this experience of vastness will expand and expand and expand

aloneness is a peaked state of blissfulness in this state of aloneness you are never alone everything that is living... the rocks the trees and the mountains... are one with you in this silence when you become wise you know that innocence is the treasure you are seeking your innermost treasure celebrating your life living it totally with gratitude not expecting anything in return you already have such great gift can you create life ? your precious treasure is your innocence it will heal you...it will nourish you it will show you the secrets of your inner being



this light showering all over the universe is the language of love and aliveness ask the trees what is love ask the flower what is love ask the birds what is love and they will sing the flower will open and send its fragrance to you

you do not need to know you need to be and nothing on this earth prevents you from finding a silent space and drowning into it grow inner trust grow your inner master only you can ignite it from within the moment you listen from the very centre of your being it opens and that is the miracle ! it is not going to come from outside you it is the very deepest inner being within you you know where that key is that golden key to your inner mysteries you hold it in your innocence you hold it like a child and you can open it

remain sincere with any one method and find the totality within that method the moment you find totality within any single method the method falls away...and you understand totality ! the method was just to teach you totality so when you are total in any single method...the method disappears what is left in your hand is the experience of totality so you do not need the method anymore ! you have attained to the method and you dropped it you do not need meditation your very lifestyle becomes a way of living totally in every gesture then the meditation has helped you

each small action...do it lovingly...totally...consciously then you will not be doing it you will disappear in that act because you have done it totally that totality made you disappear and that disappearance is the meditativeness in you each act done totally and consciously

brings the buddha into you that gesture of totality

is not you...but the buddha



you will understand slowly slowly why you are here...why i am here... rather...you are not here...neither am i i am not here... you also disappear ! no one here...perfect ! body here... mind somewhere... emotions somewhere else... your breath is not connected to your reality your breath is not related to your bodymind emotion you are spread all over the world...scattered...dislocated hence your breath is confused and fragmented the breath has lost its vital naturalness the breath has become weak the vital gap is missing

trust existence totally and know once and for all that you are part of this beautiful existence... in oneness and harmony... and the moment you drop these walls of separation suddenly this whole existence will pour into you

nothing can destroy it...nothing can create it... if you can create something...certainly you can destroy it and the creator needs to be there to create it in the first place who made the creator ? something has been present in existence before and was always there before if you see creation to be material then you have not understood the source of creation the absence of matter is creation itself unmanifest in matter...that is the black hole the black hole has always been present with no object it can enter any object it does not only enter... it is the very subjectivity of matter to see the black hole in substance because of light you are seeing the outer sense of bodiness the inner sense is emptiness all objects are infused...merged...

with a flowing power of the black hole

understand the light within you understand the life within you and light will lead you to light do not fight with shadows just one act of kindness and slowly slowly you will feel such a beauty it is not holier than thou it is simply the way you live... and your life will become so beautiful because everyday you will feel i can offer something for someone just give somebody a hug...a smile... and that will be a deep meditation how to touch human beings ? how to connect to them? that is the real test how can you connect to the universe when you cannot connect with human beings? it is difficult but if you have love in you you will definitely share with everybody

you sleep in a deep pool of black that is the real awakening it does not wake you...it awakens you ! awakening means such a tremendous restfulness such a deep state of rest that you are awakened

> awakening happens from within waking up happens from without in awakening you are not present you have fallen into a black pit and the rest accumulates so deeply that your inner flowering simply opens and you are shown the truth of existence

you are life itself

you are the highest peak of evolution of existence this life that has been given to you has raised itself to the highest potential you are not only human but you are divine to understand this divineness within you to see this inner being of light just a single taste of it and you will realise what all the masters have been saying what all the buddhas have been indicating to you pointing their finger to the moon

with nothing to do...all alone this aloneness is the taste of you when you are free learn to absorb and drink this state and the moment you will learn that silence is your friend you are not alone anymore you are one with existence you are dancing with this whole universe you are not alone you have found a way to reach into the depth of silence into each others hearts... into living people...animals...trees...birds...the sky...the rocks now you are not alone for the first time ! you have found an inner meaning you have understood the treasure of communion how to commune with life

this is the mistake of people in power they think power is that they can obstruct somebody they can...but they are creating a wall nature does not like walls you obstruct one...you obstruct another...you keep obstructing you are creating a great wall of china now to maintain that power of obstruction you need more power then you need to keep guards at every point and then you need more power to see that those guards behave power is being distributed all over the world just to maintain the obstruction real power does not create walls it is so powerful it says welcome everybody... i do not create walls because i am above it all anybody who knows he has ultimate power is not afraid of anybody what is the fear?

bridge the peaked stillness and the deep stillness sky to earth...as one

a mystic mystifies everything in existence he creates a certain device that you wonder...do i really know? and you are mystified by everything that you see when you become a mystic...you look at a rose is it red ? is the rose red ? that innocence opens the window to the inner being a mystic is like a child utterly innocent why kill the butterfly ? why pin the butterfly ? let it dance aliveness is the butterfly do not pin aliveness live life a mystic invites you to live life totally with a new quality of mysteriousness

in the east we never do psychoanalysis and therapies we simply find a way to jump out to take a leap into the beyond...energetically to leap into the state of nomind and the mirror is perfectly clean the higher you go the further and further away the clouds will be and the pure state of witnessing...your mirror...has always been perfect it is so simple do not fight with clouds do not deal with shadows do not deal with illusion that is why we do not pay attention to emotions thoughts and mind because these are just your attachments just switch on the light bring in the light to understand how to switch on the light is not the same as dealing with the mind and emotions they are simply ghosts walking in a dark room bring the light and the shadows disappear

awareness is a heightened state of consciousness a heightened peaked energetic state silently watching... nothing !!!

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it is simply watching nothingness...

if gratitude is missing in your human life that window to fly into the sky can never become available the moment your heart opens you are simply mystified you cannot imagine how you lived your life till now it moves you so deeply...

the word gratitude becomes your very aura it simply becomes your very life breath because you realise what you have received it is such a vast gift and you feel so humbled what did i do to deserve even this body...this heart... this ability to live and love...





nature is taking care of us in a hundred and one ways that very understanding creates a new vision in you and you learn to let go and relax and surrender to existence existence is so vast even in a desert just one drop of water and suddenly the green grass will grow it just needs the right situation the right climate...the right soil...the right nourishment and nature immediately supports it in a hundred and one ways each breath needs to align to our actions one breath...one act...and we are aligned as one you receive only one breath each moment one breath at a time but you are so filled with unlived desires in so many directions so many incomplete thoughts and desires that you breath becomes unrelated to your actions you are walking...thinking...somewhere else thinking...dreaming...imagining...desiring...smoking...talking...all at once undisturbed...not contaminated. full flow...full power nature flowing naturally in full force is the truth this is your destiny you...flowing totally...naturally in your whole natural force in pure abundance this is your buddha nature if you can learn the secret way how to fall in tune with nature there cannot be anything else but the truth that you will drown into not a single leaf...not a single blade of grass not a single drop of water...not a single star nothing on this planet that you see around you nothing is following its own way everything is in harmony
there is no mind...there is no darkness... only you do not know where the light is ! it is an illusion !! everything that is dark within you... is just the absence of light have you ever heard the bees? ZZZZZ that is the sound of truth no words imagine gibberish...think of the master jabar he started speaking gibberish now that is a masters device ! he does not want to give you words you need to look at him you need to drink him through his gestures through his eyes through his presence and he is speaking gibberish !

this ego of becoming...of doing...keeps you away from the simple innocence of your inner being again and again i will say to you that your entire search for truth is hidden within you it is within you in the deepest state of silence and utter stillness it reveals itself to you the worst is the attainment office... that i am going for enlightenment do not go to office for enlightenment... just become a natural human being and in that beauty a certain wisdom will flower in you and if nothing happened you celebrate nothing happened thank god nothing happened because nothing is meant to be happening do not expect anything to happen...please ! whatsoever has to happen has already happened you simply become aware of what is happening already before you go to search for truth see what you have present within you ! see what is already within you and if you find nothing then think about going to find it elsewhere but if you look deep within you will not need to go anywhere because truth is already within you !

millions and millions of drops of water cascading down the waterfall each and every drop creating pure sound... a pure vibration not a single drop...not a single drop...is uttering a lie millions of molecules of water rushing by and you can hear the sound of aum...aum...aum... pure vibration of truth filling the air in such abundance the master is present in that waterfall

that is why only the warriors know how to surrender and a defeated warrior is an emperor because you are going to be defeated in love this universe is going to swallow you you will learn to let go in such a joy...in such a celebration that nothing can touch you even death will bow to you here is a fearless being ! and it will show you the door to your immortality we keep on searching for god but you cannot see a blade of grass if you cannot see the truth of it and its utter nudity...its utter innocence... you cannot recognize god when he comes to you you do not have the eyes to recognize godliness just looking at a flower and there it is it is speaking to you from every corner it is sending you its fragrance it says hello...do not pass by me unattended... but who has time for a flower? you are searching god god is that flower ! listen to it and if you can taste it in the simple day to day life then know perfectly well you have come home and you will realize your ordinariness and the very beauty of it

the deeper you will go...the higher the peak the higher the peak...the deeper you will go earth and sky... earth to sky...back to earth this is the journey

try to understand how to bring the light in and look at all the qualities of light celebration...love...surrender...sharing...a walk in nature a swim in the river...playing with children...a walk on the beach these are all activities of light which make you joyful and blissful

you are nothing but vibrations different frequencies of light your whole body is vibrating continuously humming within you but we have forgotten our subtleness your inner world is like a child innocent...sensitive...humming...vibrating

innocence

not destroyed by mind...by knowledge...by learning this innocence carries the mystic within it you can look at the blue eyes of the child you can see the unpolluted naturalness so full of energy so full of love so full of wonder this is life...this sense of wonder pure innocence not knowing anything it need not know anything it has life flowing...present the presence of life the abundance of life flowing in you dissolves all questions a child is innocent...full of life...bubbling and such a beautiful innocence ! you can see the beauty and the grace its fulfilment



to me innocence is the greatest treasure forget all kind of stupid achievements enlightenment...or whatever you want to call it innocence is by far the greatest treasure on this earth not knowing...that innocent state just a waiting heart that is truth itself at least on the inner journey leave it innocent and beautiful it is your treasure your love...your temple... the door to your inner divineness leave your inner temple utterly pure... naked...transparent...open... let the inner doors to your temple remain open to the sky and the wind and the sun and let it dance in ecstasy ! at least for your inner being keep the innocence...the nobodiness... the vulnerability...the sensitivity... let these be the taste and the flavour of your inner sky you do not need to fight a battle this is a love affair

third eye...to see seventh sense...to be...being seeing and being that is the difference between third eye and seventh centre the mystic...sees the master...is being remember the candle does not know darkness the candle flame is pure awareness it is not showing you anything at all... it is simply living its nature ! if it happens that it is showing you things that is secondary it is not primary the candle is simply being itself it does not know the other it does not know anything more and that is the very root of wisdom awareness is pure wisdom with no knowledge pure wisdom knows nothing and that is why it is always fresh it is always young it is always uncontaminated it is always innocent

the greatest treasures in life are found in rare moments of stillness...of love...of gratitude...of blissfulness...of innocence a celebration...a deep acceptance a big yes to the beauty that surrounds you and you are not making any effort for it just becoming available to what is present the world is a psychedelic drug experience when you will die you will know... the greatest psychedelic explosion of drugs in the body and there is a reason you are dying...your soul needs to leave the body the body will start releasing so many drugs in you so that you relax and the soul can be removed when i had my experience of samadhi...this is what i realised i was getting so drunk... my eyes were getting so heavy such deep ecstasy i could not even have imagined i have to use the word ecstasy for this particular reason the word bliss is so far away the whole body was dancing like molecules in an explosion of light that was a state of samadhi...

look at a beautiful flower without any thought...simply look and you will see suddenly you are filled with energy you are not losing anything but that flower is filling you with its light touch something softly...sensitively and you will feel that you are not losing anything but something infinitely beautiful and sensitive is entering you once you learn inner stillness and silence all your senses become your friends empty...open...available the greatest treasures come to you... you cannot search them you cannot find them they find you ! because life needs you life wants to share its treasures with you... remember life is not your enemy it is searching you hence these treasures come to you when you are open just remain open...silent...innocent and wait... this is the message of the buddhas

when you are exploding in love...in ecstasy even the rocks want to live within that rock...within that stone...is life pulsating it recognises your totality even the rocks start dancing ! the rocks are totally alive the more total you will be the more your peaked state will be you will see the rocks are living the rocks are breathing and they are growing even the rocks are growing !

i do not have answers to careers all those who meet me lose their careers if you want to become jobless then i can show you the way ! i can only show you how to lose your job how to lose your relationship how to lose your desires you are a loser with me... i am a loser myself i only respect losers... those who can gamble go gamble and be a loser keep losing keep losing... soon there will be nobody left one day your body... you will have to lose it you have no choice

becoming innocent again to the vast unclouded sky is to come home is to clean the dust of the mirror and become a pure witness witnessing is an art... it is a simple knack... just a pure watchfulness... no thought...vacant...empty... in that watchfulness... the whole becomes available to you

how to bring up children ? do not bring them up ! you do not need to pull children up they are already growing !! you become like them

when the heart is open it is one with everybody truth is universal you do not have a path...you are the universe !! your heart has become the other



this outer existence that is just dancing with life cannot reach you... because you are in between let these boundaries disappear... and you are nobody just a pure emptiness unbounded weightless

when you are living find ways to live totally find every possible expression of how to create a deeper flow more totality in your actions find ways to create life in such abundance with so much overflow that you simply drown into it your mind is shocked into silence this energy that peaks and hits the crown all those questions are bombarded with such an energetic explosion that they simply evaporate ! even the meaning of life evaporates when it sees life itself flowing with such a tremendous force mind disappears

we have lost sense of our natural body in this alive real moment hence we do not live purely in our body herenow always living in the past...body mind emotions here again lies another complexity the mind living in the past...projects into the future this is the complexity the dead past...of mind and emotion judgments projects itself into the future you are projecting your present moment either into the past or the future you are never in this present moment the greatest mystery of wisdom is a teardrop a deep thankfulness for this miracle of life without gratitude we have not become human this is the sky of humanity gratitude is human and it brings such a grace to your life you can be grateful for everything that you have received just look at what you have received look at this body...these eyes the ability to hear...to smell...to taste to have this beautiful form

such a vast treasure has been given to you

that is the dream...to reach the sky to touch the moon...the stars and let your heart open the sky is pulling you up it is finding a path for your inner dream to rise into the sky because within you is the same sky you are the earth reaching the sky your dream needs space for expansion where is that expansion but the sky ? where are the stars but within you ? limitations make us humans but the beauty is that hidden within these limitations there is a hidden treasure now that is the wonder that hidden in this mud there is a diamond is that not even more spectacular ? through the mud...through the water a long stem and flowers above into the sky you are the lotus ! from that dark space all you see is light what you think is dark is immense light because you have fallen into the black hole from within the black hole everything simply explodes into light psychedelic light this light is so ecstatic even orgasm is not the right word for it...it is too small it melts you completely down you melt...you become transparent...pure air... it is so orgasmic you cannot absorb its ecstasy

all enlightened people are blind people and they never judge anybody wherever they look there is a buddha whatever they see they see a buddha wherever they look there is love... it is their blindness !



your treasure is silently within you learn to listen deeply...inwardly learn to dive in and trust its voice learn to trust your inner being learn to love yourself be soft just accept yourself exactly how you are and the struggle will disappear and your energy will become a vast reservoir of love settled and relaxed then you can listen deeply

and trust your inner being

the east has offered surrender as the way to ultimate glory you are bowing down and in that bow... you are raising your being to the sky yes...it is a defeat...a defeat in love ! in love you are totally surrendered utterly defeated love surrenders it accepts this defeat as glory and this is the beauty and the grace of surrender

when you look at something of beauty what triggers you? something in your heart triggers and the beauty filters through your eyes into your consciousness and it fills you with wonder when you hear beautiful music or the sounds of the birds they awaken your inner consciousness and make you dance when you touch something of beauty something within you becomes beautiful if you know how to be silent all your five senses become windows to your inner sky

your inner being is thirsty and drinks only beauty...silence...grace...innocence these are the qualities that are absorbed by your inner being





ozen rajneesh

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websites

www.ozenrajneesh.com www.ozencocom.com www.oshorajneesh.com www.oshococom.com

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