

all search is moving...becoming...doing...  
searching is moving away  
it is so easy to move away  
because mind wants movement  
mind wants to search anything  
it may be material...it may be power...it may be money...  
it may be truth...it may be enlightenment...  
it is the same movement of mind  
this whole search for truth is utterly ridiculous  
it indicates that you do not trust your inner being  
that you have not listened deeply to your inner silence  
that you have not drowned into what you already carry within you

first understand this fundamental key  
all search is of the mind  
how can you search what you do not know  
it is not objective...it is not a commodity...  
something that you can get and find  
you can find everything but truth is not a finding either  
there is nothing to find  
there is something to be dissolved into  
that is the beauty of the word being  
not desiring...not dreaming...not doing...  
just be...in no movement  
utter acceptance of the treasure deep within you  
find ways to dive deeper and deeper into this still moment  
the moment you understand this you stop running outside  
you stop pulling yourself out  
and something within you...deep within you...understands  
whatsoever the search is...  
whatsoever i am looking for is so deep within me  
that everything and anything that i will do will take me away  
it is not just a thought

your whole inner being has to absorb this message  
your whole inner being has to drop this conflict  
this inner struggle that i have to attain something  
all attainment is of the world  
you have been trained to attain and to do and to achieve  
you are not to achieve anything  
you are not to improve anything  
the moment you feel i need to improve myself  
you are denying yourself  
you are dividing yourself  
you are creating guilt  
that this is not right...i need to improve  
this is not right...i need to change  
i am not perfect...i need to become  
i am not enough...i need to prove

all this starts creating a division within you  
what you are and what you wish to be  
and this wish is not yours  
it is others projection what they wish you to be  
that you are not right...  
you are not perfect...  
you need to improve your life...  
you need to change...  
you have to become better...  
you do not deserve anything

these are the voices that surround our heads  
totally not accepting ourselves for whatsoever we are  
this division becomes the judge within you  
this division becomes the guilt within you and you are divided  
this division becomes an inner struggle...  
an inner fight...an inner conflict  
so you have no energy left to celebrate