

limitations make us humans
but the beauty is that hidden within these limitations...
there is a hidden treasure
now that is the wonder
that hidden in this mud there is a diamond
is that not even more spectacular ?
through the mud...through the water...
and long stem and flowers above into the sky
you are the lotus !

respect the mud
live the mud so deeply...that the lotus will awake
in fact the body is a protection for the soul
the soul is bound in this beautiful body
whatsoever actions you see from the outside
the innerness...the inner form...is a perfect circle
the perfect circle is opening itself
so that it enters the world...becomes your body
 you will find the perfect circle within the form
 carrying within this form is a perfect being
 how to hide a priceless treasure in the mud ?
 actually that is quite a genius !
 the softest thing in nature is life
 life is protected with harder objects
 in that sense the body is a perfect protector...the perfect soil...
 for you to grow and experience your inner reality

the body is not against you
no master has spoken against the body
they are only making you alert and aware
that you are identified with mind and emotion
mind is not real...emotion is just fluctuating
depending on condition to condition
the reality knows the body
just becoming the body...then you are perfect

that is why people who live in the jungle and are more primitive...
less intellectual...they have a direct sense of truth
their body can sense the truth directly
their dance...their rhythm...their movement...
everything gestures truth
so body is a great blessing

hmmm ?
and you are not new at all !
nobody is new here
in a way it is good that you are new
because there is dracula looking for new blood
be careful at night when you go to sleep
dracula knows new blood has come
all the draculas will come to suck the fresh blood

do not let anybody bite you tonight !
you see samadhi is in front of you ?
he is very happy...his ears opened...his eyes opened...dracula ?
all vampires...be careful...
we are a secret vampire circle
it is a very secret cult
you got warned !!
i am count dracula
that is why i do not come out in the day !!

hello again !
i remember you very well
poor guy came to see us in moscow
he is dancing...dancing
i said just dance...peak...stop...still...
come down and you will be okay
poor guy is dancing dancing dancing
nothing...no stop...no peak...nothing