

he creates an energetic state in you
that energetic state stops the mind
you get a glimpse
that glimpse is the light
you have seen the possibility
you have seen the potential

now you know it is there...present
this is satori
to wake you up to your reality...to show you the truth
and then you know the way
you just make different methods
to arrive to the same moment again and again
to peak again...stop...watch
and let that watchfulness settle
peak...reach...stop...watch
nomind

let that watchfulness settle into the body
and the slave will understand the master is watching
it is a very simple process
you have just come today
all the other people sitting here they already know what i am going to say
they have already understood the inner simple mechanism
the mind is used to looking at complex things
the more complex things the mind looks at
the more the sense of achievement and satisfaction
the mind has been trained to look for satisfaction
it is like a game of chess...it must achieve
you say you always want to be right
that is the function of the mind
mind is a perfectionist
always trying to negate one

if something is right...
then you have already created the wrong
the right is creating the wrong
the moment you are finding the right
you have already decided what is wrong
you have already made a judgment
you have already made a division
you have divided the whole source of life
now you think it is right
but what about what is not right ?
now that is wrong

who is going to deal with the wrong when the wrong will come to you ?
and it is bound to come because with the right comes the wrong...
they come together
do this...it is right
you do this...it is right
mind has enough of right every day
now let us do something wrong

right always looks for the wrong
there is more attraction for the wrong...not for the right
you understand ?
we have no rights and no wrongs at all
just a divided way of looking at existence

existence is not divided
it finds balance in two things...
to find balance in the opposite is understanding life and the wisdom of living
the bird cannot fly with one wing
it flies with two wings
and the two wings takes the centre forward
exactly like this !
higher and higher and higher
you got to keep finding balance at each and every step
you understand ?