

the third eye does not see objects
it sees the light and the world made of light...
when you open your eyes you see the objective reality
when you close eyes you see the light and its reality
the mirror is your seventh sense
the third eye is the state of awareness where light enters
it shows you a new universe
the new universe is perfect...absolutely perfect
it is so and always remains so

once your third eye is open light enters
and you begin to see the mirror above you
the third eye is not the last sense
it only allows you to see the next possibility
when light filters through inward
your inner being gets filled with light
the window outward and inward becomes one
now the next step is to be it...
not to perceive it but to become it

third eye to see...
seventh sense to be...being
being and seeing
that is the difference between third eye and seventh centre
the mystic sees
the master is being

there is the one unifying fact between all human beings
whether you know it or not...you are all enlightened
nobody is unenlightened
maybe in an unenlightened state now
but the moment you leave this body and its illusion
this illusion that you are here
you will see your mirror once again

there are few instances how to arrive to this state of nomind
we use dance as our way
it is one of the easiest ways to reach the state
of peaked orgasmic silence and stillness
that is the mirror
and you are always perfect when you are in that state
if you can taste it one minute that is enough proof the mirror is there
you have the glimpse...

question *is the mind just something that covers the mirror
and is this dust that covers the mirror the hindrance
to living our life ? for example the habit of smoking
or the need to always be right...any advice how to deal
with those parts of the mind ?*

do not believe in the mind
that is the best way to deal with it
simply ignore it...that is detachment
if you want to deal with the mind...
you have already acknowledged that it exists
when you say...i must deal with this mind
you have said it is real !
i am saying it is a shadow and an illusion
ignore it...it disappears

the mind is not coming from nowhere
you are supporting the mind
because it fulfills a certain need and a certain function
and definitely the mind has a function
and the mind has a need
and you are giving it energy to continue functioning