

that orgasmic point is the very peak within you
mind simply cannot stand there...it evaporates
lower you are...denser the mind
and the lowest is the body
the body is earth...
mind can move
emotions and dreams can fly
but body remains here

how to connect this body to the state of no mind
so it stops dreaming and desiring and thinking
and sees its face in the mirror
it is like a lion seeing its face in a pool of water
no mind no emotion
the body here...the mirror above
and suddenly the realization of this present reflected state

i think i have brought it in a very complicated way today
normally i speak very simple things
but today my throat is not so good
i feel very bad that i could not be with you all
my throat is not good
the body is becoming more sensitive...weaker in a way
but the weaker my body becomes the stronger my being
in a way it is letting go of the identification
i become so strong...vertically

but this body is suffering
with each layer i disconnect i get lighter and lighter
and the body gets weaker and weaker
because there is no more identification with this body
there is no energy going into this body mind
in a way i am getting weaker
but i am becoming far more alert and stronger in the other way

i am just going to speak a little informally today...okay
because i do not want to stress my throat
when i speak i like to speak totally
i like to express totally and move totally
but because of my throat i have to subdue it
sorry...okay
i hope i will be better tomorrow

question *my question is about this mirror...
the mirror quality of consciousness...
what is the difference between this witnessing
consciousness of a mystic and of an ordinary human
being ? ordinary people who just began to practice...
what is the difference in their quality of witnessing ?
and in what way does the mystic see this quality
in other people ?*

in essence there is no difference
everybody has the same source of witnessing
the difference lies in attachment
and knowing how to disconnect
to the enlightened one everybody is enlightened
to the one who knows everybody has that mirroring quality
it has come with their very birth
this mirror came with you when you were born
different people...different societies...
different educations...different situations...
different sets of identifications
but you cannot write on the sky
it is like taking a pen and writing on the water
you can keep writing on the water...it will disappear
you are writing and it disappears