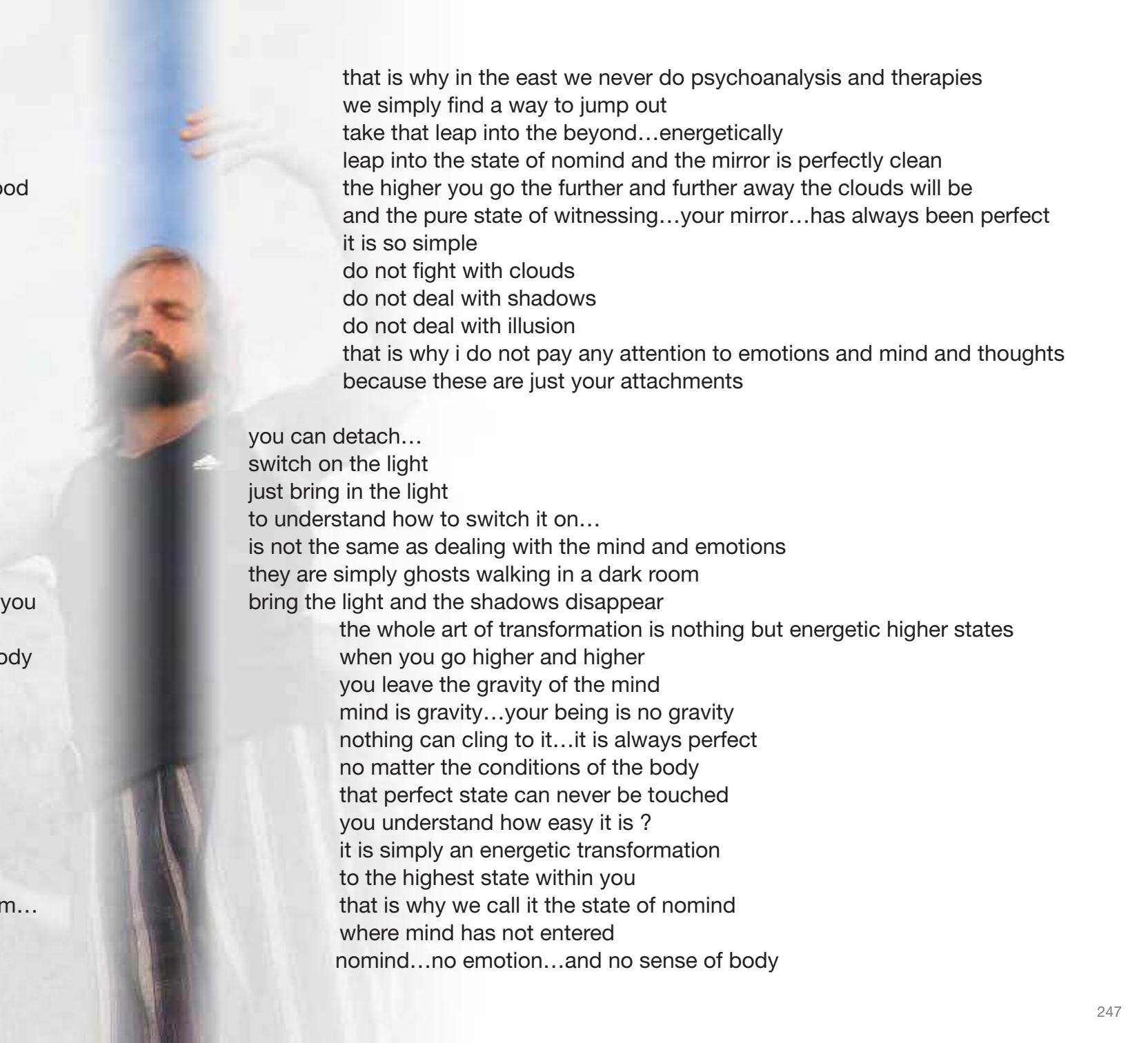


there was no fear for the child...
no mind...no future...no responsibilities...
nothing to do...nowhere to go...not to become...
just breathing...enough unto itself...
you cannot remember the first two or three years of your childhood
because the mind had not begun yet
there was no mind...no understanding in the mind sense
all you were was sensitivity
using your sensitivity to feel the existence surrounding you

the mystic goes backwards into this sensitive space
just become sensitive again
with a clarity...
with pure open eyes...
and go deeper and deeper to that moment
where mind had not entered yet
just try to understand...you are a mirror...
if you are becoming attached
to the thoughts and the emotions and the body
you are simply identified with these layers that are below you
the whole way of the mystic is to disengage...
to disidentify from the thoughts...the emotions and the body
and to become a pure sky...a witnessing again

there is no way you can clean the mirror with the mind
these are what all the therapies and the groups are doing
what psychoanalysis is doing
they are analyzing these shadows...these reflections...
and trying to figure them out
these are just clouds !

there is no way you can figure out these thoughts and emotions
because what you are using to figure them out and understand and clean them...
is the mind itself
using the mind to clean the mind !



that is why in the east we never do psychoanalysis and therapies
we simply find a way to jump out
take that leap into the beyond...energetically
leap into the state of no mind and the mirror is perfectly clean
the higher you go the further and further away the clouds will be
and the pure state of witnessing...your mirror...has always been perfect
it is so simple
do not fight with clouds
do not deal with shadows
do not deal with illusion
that is why i do not pay any attention to emotions and mind and thoughts
because these are just your attachments

you can detach...
switch on the light
just bring in the light
to understand how to switch it on...
is not the same as dealing with the mind and emotions
they are simply ghosts walking in a dark room
bring the light and the shadows disappear
the whole art of transformation is nothing but energetic higher states
when you go higher and higher
you leave the gravity of the mind
mind is gravity...your being is no gravity
nothing can cling to it...it is always perfect
no matter the conditions of the body
that perfect state can never be touched
you understand how easy it is ?
it is simply an energetic transformation
to the highest state within you
that is why we call it the state of no mind
where mind has not entered
no mind...no emotion...and no sense of body