

so look deeper
she does not fear death at all
and the unconscious that is surfacing in her dreams
is telling her life is too short...i have not yet lived...
when you are dancing totally you can experience death that moment
you disappear into the dance and you can taste death
and know at the same time
that if you are freed from this form in that dance...
if this wall evaporates and disappears in the dance...
that experience is of death
and it is an orgasmic experience
when all the boundaries disappear
the weight of this body mind simply disappears into a total dance and vibration
your whole body becomes orgasmic and you merge with the sky
that is death...what else is death ?
if you want her to get rid of this fear
tell her to come and dance with us
just come and dance and dance and dance and dance
and this little ghost in her...this little shadow which is fearing death...will disappear
it will taste something of deathlessness
bring her here next time

people like me just looking at them...something triggers
either the fear will become more compounded
that is why they are afraid to see people like me
or they will be released once and for all
people like me remind you of death
because i have died...
i am a dead person speaking here
i am no more...i am dead...
but i am not dead in the ordinary sense
i am totally alive
and you can see those moments happening around me

when i am no more here
and something else is present
and you can feel the hovering energy
this is freedom
it has the same taste as death
hmmm ?

people never learn to relax
this body...this mind...is dreaming continuously...like an undercurrent
there is an inner bioclock...always ticking
you never even get sleep
you are so afraid to sleep
if you have to wake up in the morning at six o'clock
without the alarm you are awake at five thirty
why ? because you have an alarm within you
it is like an undercurrent working in your sleep

if you have no dream no desire like on a sunday
at twelve o'clock you are still sleeping in the bed !
what happened ?
your inner clock...dreams desire and mind...
had nothing to do that day so you had a nice sleep
all your dreams and desires and projections for tomorrow...
are working as an undercurrent in your muscle and your bio system
they keep this body moving like a machine
you are never resting in the zero state of relaxation

you have never known sleep and its restful quality
because other than dreams you are living in the future
they are pulling you constantly...invisibly like threads
how to come to the state where all dreams and all thoughts simply evaporate ?
this is the search of the mystic
the moment you experience it you have a deeper sleep
no search...no desire...no tomorrow...no past...