

now you understand why every evening we just dance ?
first create stillness...
then go to the peak crescendo...
stop...
come back
if you can be total...
if you can open that window within you...
you will know what is happening here
but unless you are total you will not reach that window
you can reach this far or you can reach that far...
but you need to reach here...to the crown...
hence totality is the key
be total
dancing...be total
sitting...be total
and the experience will explode within you

nothing is preventing you
many times i hear people ask
why am i not experiencing this peaked moment ?
i must they have block somewhere...
there is no block just you are not at that height of consciousness
you are looking at the world from a lower level
you are projecting the world from the space you are at
just go higher and higher within you
it is very simple
the initial experience of enlightenment is so easy
because the pillar is so thin
all you need is ten or twenty grams of explosive energy
just a little hit and pulse the crown

that is what you experience in orgasm
one million sperms ejecting
five or ten sperms hit the crown...aahah

that is your orgasm...nothing more...
just six little sperms floating and transforming to hit the crown
how much more can explode when you are searching the truth !
you can take your whole sexual energy
raise it higher and higher and higher and explode
that is the search of the orgasmic state of nomind
and slowly slowly you become acquainted with this tunnel

you keep hearing again and again
live in this moment
live herenow
are you beginning to understand that this moment can be stretched ?
can you understand that this is the here now...herenow !
if you have understood that all your misery is dissolved within it ?
because now you know
that all you need to learn
is how to transform your energetic states of energy
how to excite it and bring it to a peak
and the cycle will continue

you will not be searching more and more
because each experience is enough unto itself
that experience of nomind is so fulfilling
that you simply need time to absorb that moment
and again another experience...another hit within you...
and you are absorbing it
reaching the state of enlightenment a million times
and absorbing it a million times

it becomes so natural and easy for you
soon the passage is so vast and so wide
that the whole body melts down
into the state of silence and stillness
i explain this every time and i find it so simple

