



silently...
the window is open
this state of nomind slowly filters
and settles deeper and deeper and deeper...
into the still centre

this is the earth...
this is the sky...
when this earth meets the sky
in this vertical moment
all gravity simply disappears
lightening suddenly strikes
and shows you your reality
the door simply opens
the mind collapses
and this vertical reality is open
earth and sky meet...

but you need the power of stillness
a vast pool of stillness
gather it
and then explode it vertically into the sky
just like an arrow
it will touch that orgasmic state
that is the state of nomind...

just remaining pulsating
in this excited awakened state of alertness
the kundalini is awakened
stop
let it filter through and settle deeper
the deeper you will go into the earth
the higher the ability of the next peak to happen to you

this is the whole journey
from here to herenow
but an extraordinary difference
you are going deeper vertically down into the earth
and you are lifting higher vertically into the sky
you see ?

this moment can be stretched
keep stretching it higher and deeper and higher and deeper
your peaks will become ecstatic
and your settled state will be deep and relaxed and calm
a heightened state of awareness
relaxed and settled
this is the taste

settled into the earth
like a deep anchor into the ocean
and flying in the sky...alert...peaked...heightened
but so relaxed
this tunnel...this vertical here now...is the journey

it is not of thinking
you do not need to think about it
you need to live it energetically
when you are total...
you are climbing within your inner sky...
and creating higher and higher peaks within you
and you are learning the way to settle deep
there will come a moment
when you have gone so high and so deep
that these two windows will open and meet
the mind on the side will simply evaporate
it does not know that there is a vertical centre
your mind has two sides...like the brain...
in the very middle there is a very thin passage
this is the search...this silent vertical passage within you