what is future but dreaming and projection ? live here now...

make your life simple...

slow down...

transform your day to day life into a simple innocent living just four to five months of deprogramming this blindness and you will learn how to fall out of this trap

> if you value life you need to find a way back and remember i am saying it again and again it is a simple understanding and a simple knack that is what makes you a meditator understanding the mechanism of the mind no need to go against the mind... simply understand that you are the master mind is not your master mind is a very good servant it needs to do what it needs to do but you are not a servant you are a buddha !

> > you are a being of light carrying this little mud house and the mud house is dictating to the being of light... where it should go...what it should do... no no no !! that is the madness of the mind let your being of light take you forward listen to it and you have a perfectly good servant...the mind it will listen to what you have to say it is very simple really simple i have not done anything extraordinary in my life i have not done anything special

i just stopped becoming special and doing special things i love my ordinariness and my laziness i have no goals to achieve and nothing to do and in this my inner flowering has happened naturally

> it has not been even an attainment or an achievement i have fallen out of that attaining and achieving madness just falling out of it and everything is beautifully perfect and i have attained to nothing just a simple innocent humble silent being it was always within me just the love of my master his beauty and grace something in my heart pulled me something in this human being is so beautiful...so fragile... such a fragrance is spreading around him what is the source of his illumination ? that love for my master became my magnet he drew me into my inner being a master is one who makes you fall in love with yourself

just looking at the beauty and the grace of a human being something opens in your heart and this is not desire... this is wisdom and understanding enlightenment cannot be desire but a magnetic inner pull... from the unreal to the real from the dreaming and chasing to the living here and now from the complications of life to the simplicity and innocence of simply living your life