

you have attained everything in life
but now you need to live for your children
you need to fulfill their dreams and desires
and the ball keeps rolling...
you can never get out of this trap !
mind is a beggar
it is a parasite
it fulfills itself in achieving goals...

understand how you are trapped
all the newspapers...televisions...outer bombardment of knowledge...
your friends...your education...your neighbours...
everybody is achieving...
and you keep looking at them
and your whole education system keeps giving you futures
a hundred and one futures are created for you
these are your friends !?
they are so concerned about your wellbeing
they keep giving you a hundred and one ideas about your future
and the reward are so many thoughts of future in your poor little head
it slowly slowly starts filtering into your heart
and arouses dreams within you
that if you can have that...your heart will be fulfilled
you are given false dreams and you think they are your dreams
and you need to fulfill them with your life
so many thoughts...endless desires...

in reality you get only one pulse of life
just one pulse...
you can only live one moment at a time
now the poor one simple moment...
with so many dreams and desires
so many different possible futures open to the world

what to do ?
you stop breathing...you stop living...
you start dreaming...you start thinking...
you start running around...
life is too short
you need to achieve all of this
life is too short...
there you are in the trap !!

living totally is not running around fulfilling your dreams
living totally is living totally into the very pulse of life...
how to deepen vertically the experience of this life pulsation ?
how to create intensity in this pulsation of life ?
how not to spend this energy running after dreams ?
your life force is getting spent...consumed...in dreaming for the future
everything is out there
you are nobody
your life has no value
this moment that has been given to you has no value ...
because you are not fulfilled
you will never be fulfilled
it is simply impossible !

whatever dream and fulfillment which has been given to you
by the outside can never be fulfilled
just remember once and for all
these are not your thoughts...not your dreams...not your desires...
they are given to you by parasites from the outside
and you are selling your present life into some probable future
you cannot dance...you are so busy
you have to go to office to fulfill that dream
you are living in the world of the dead
these are simply dead objects !
they can never fulfill you