



a woman passes by...
the mirror is simply reflecting
a man passes by...
just reflecting
a child passes by...
just reflecting
the cat passes by...
just reflecting

the mirror has only one quality...just reflecting...
it does not even know that it is reflecting
the moment the woman passes by
and the mirror knows it is reflecting
it is no more a mirror...it has become the mind

whatsoever passes by the mirror
the mirror does not know it is passing by
it is simply reflecting...
the moment it knows something passed by
it is no more the mirror but it has moved to the mind
the woman passing by...a beautiful woman...
and the mirror says...beautiful woman
it has become mind...

now it knows
it has stopped reflecting
it has moved out of its nature
it has become the person
it has become the thought
now the mirror says...beautiful woman...i like her...
it has become desire

the mirror is no more mirroring
it is no more reflecting
it has added a thought
it has added a new desire
and now it starts running after the beautiful woman

what has happened ?
exactly like this the mind enters the mirror of your consciousness
you are born a mirror...vacant...empty...
watchfulness...
not knowing anything in that innocent state is your watchfulness...
your mirror like quality
soon it gets identified
with what passes in front of its consciousness
that becomes its thoughts...

slowly slowly it becomes attached to these thoughts
they start becoming desires
you have lost your mirroring innocence and have become the mind
but the source is the same
the source of the mind has been borrowed from this thought
this thought and this emotion has borrowed energy from the source of mirroring
dust has started gathering on the mirror of innocence...
pure watchfulness

remember again
the mirror does not know it is reflecting anything
whatsoever comes and goes...
it simply comes and goes
it has no idea that it is reflecting
hence the mirror is clean...innocent...silent
not attached...just a pure watchfulness

again i am saying it does not know it is reflecting
to know that you are reflecting
you are moving out of your nature into knowing
and that becomes your mind
fuelled by emotion
and you have moved away