

you are not physically mature enough  
to contain so much stillness and silence  
the mind comes to a shock...to a stop...  
and when the mind is shocked to a stop  
it stops functioning...  
and you need to live your day to day life  
you need to function with this bodymind  
in a way this happening that disappears is your friend  
the body is bringing you back...  
so do not feel that you have lost something  
you can never lose the explosion  
it is beyond this bodymind

it gathers like a storm above you...  
every glimpse remains within you...above you...forever...  
you can never lose it...  
but this bodymind can forget it...  
because it has already transcended it...  
it does not know about it...

nothing from outside can prevent this from happening  
and it is not only through meditation...  
remember...this glimpse can happen in an accident  
it can happen when you are running...swimming...dancing...  
you may never have heard the word meditation in your life before  
you may be giving birth to a child...  
and your hara is open while you are delivering the child  
and suddenly you leave the body  
so many women have expressed  
this experience of leaving the body while delivering a child  
the hara is open...the child is being delivered  
so much blood loss...  
you can have the experience of death

somebody driving a car  
a sudden shock...an accident  
you can fall out of this bodymind  
and see the body lying separate  
how did it happen to our master osho ?  
he was sitting on top of a tree in deep meditation  
and suddenly his body fell off the tree...  
he landed on the earth...  
and he could see i am still sitting on the tree...the watcher...  
and there is my body lying below the tree...  
it happened to osho in an accident  
his watcher was so intent and still...  
and the body fell down

the watcher remained watching...oh...  
there is something watching the body too...  
that was the greatest glimpse for osho himself  
glimpses can happen in many ways  
and most probably never in meditation...  
it happens to you in a sudden shock  
or in a deep relaxation  
because there are only two ways available to you  
either the peak of a shock  
or the valley of deep silence...deep relaxation...  
the experience can happen

there are two windows  
one that you can climb upto...  
one that you can fall into...  
one is arrival...  
one is a surrender...  
there are two windows for the death experience to happen  
and whosoever had this experience...  
in whatever form or way  
you can never lose it