



it is a sudden vertical explosion
and this gravity that you are in...
suddenly you are released into the sky
and you get a glimpse...
and you know the truth
anything that peaks you to the seventh centre
comes to that stop...
and if that stop is long enough...
your seeing eye will open...
see...and then come back...

these are small satoris and glimpses
and these can happen very easily...
very suddenly...when you are total
if you are total with somebody who knows the truth
just by his presence...by his totality...
a window opens for you
and you have the possibility to have a glimpse
that is the whole hope of a mystic...
that somehow he can give you that one window...
that one flash...
that one sudden glimpse...
when you are in that open state
energies flow in...filter and settle within you

you cannot meet a mystic horizontally
because he is not the body...the mind...the emotion...
he is a vertical presence
trying to find a way to reach you vertically
trying to enter you from the sky
and enter...settle deep within you

you have to be very still...very alert...
peaked...relaxed...open...
and this experience will descend into you...you got it ?
now you know why we dance
why i use dance as the way to reach you
or the way to create a situation that you reach yourself
it is not a great mystery
it is a very simple experience...very ordinary
very easily possible for anybody present here
these glimpses are very natural

question *i had a deep experience of leaving the body
but i came back with a shock...i felt very bad at this time...
i feel i had lost it completely...are there any outer circumstances
that can prevent this ?*

really speaking...nothing can prevent it
all outer simply disappears...
the moment you fall in and touch the very centre
the outer is powerless...
when you touch the very source of life
nothing from the outer can prevent it
and everything living comes to support you and help you
enlightenment...the explosion of truth...is an experience of death...
you have died...you have left this bodymind and its conditioning
you have left this bodymind...desire...hope...
everything has been left behind
in truth you have died...
so this body wants you back...it needs you
you have still some life to live
so the body will pull you back as a safety measure
it is saving your life...

