about the first explosion...where is the river flowing? question are there some other obstacles on the way?

> the first explosion gives you a glimpse...a glimpse of enlightenment there are smaller glimpses...we call them satori the great first explosion...we call it a samadhi these are different expressions...different openings... gualitative...guantitative...explosions of enlightenment if you were to totally explode all in one time and the whole sky was to open this bodymind is not prepared for such a vast experience the first explosion gives you a deep insight... you can call it enlightenment but it is just the beginning... after the first glimpse everything within you settles back to normal it is like a hole in the crown a vertical opening into the sky...

everything starts settling back into the core and reaches the very centre and crystallizes and you are back in the bodymind... you had a glimpse of the beyond... you cannot remain at that height for so long the body needs you back the bodies work is incomplete so you are pulled back into the body

> this inner tube starts crystallizing it needs a deep rest...a transmutation time to absorb this vast experience there are many many layers within you...mind emotion body... mind can evaporate quickly layers of emotion...attachments...desires... the body...past desires...past life...

the first explosion slowly slowly disappears and a new crystallization happens within you and prepares you again for another explosion... maybe two to three years the body get its rest and adjusts to all the new experiences and another explosion happens...

it is like a hole in the head you have to view your body like a tunnel...a tube... the first explosion opens the inner crown petals... the second explosion opens the petals more and the tube becomes higher...deeper...and vaster and settles again... the third explosion opens the crown petals even further deeper...vaster...thicker... and settles again... fourth explosion... fifth explosion... the whole kundalini completely opens... the thousand petaled lotus... and this bodymind that surrounds it has had enough time to find a harmony and balance between the vertical and the horizontal reality

> after the first explosions it needs at least fifteen to eighteen years to complete the processes towards perfect enlightenment the last is not an outer explosion... from the inside...the core explodes it is called enlightenment second explosion...enlightenment third explosion...enlightenment then maybe the fourth or the fifth is not an explosion but an implosion...there is no more wall...