



ukraine
pusha voditsa
11 august 2010

welcome again
to this wonderful chaos...
you can see the chaos here
how to find balance and harmony in the midst of this chaos...
just a few moments ago everything was unsettled...
chaotic
nothing made sense
and a few moments later
everything is perfect...
still...
silent...

how to be total ?
the only way i have found
is in your dance
when you dance everything in you becomes real
that is why every evening we begin in totality...
with dance and the experience of who you are
when you are in utter rhythm with your body
taking your energy higher and higher and higher
till you peak into your totality...