

it does not take time to become enlightened
enlightenment happens instantly herenow
vertical...tsshuuu !
it strikes like lightning...
fills you with light...
and now you can wait forever
the first taste is crucial
to know that it exists
to know that you carry the state of enlightenment within you
then it will take some time for it to grow deeper...stronger...higher

outside time will exist
but for you...within yourself...a certain timelessness will be present
a certain silent presence
a deep inner trust guiding you through this passage of time
you know that you have become pregnant

you know the child will be born
you know the child will walk
you know the journey ahead
what is important is the pregnancy
it should happen
and the moment it happens
there is no more inner struggle

how long it took me to reach here ?
in real truth...
not a split second
not a split second !
no time is possible for this experience
it is vertical
the time that i spent after my illumination
has been deepening...deepening...deepening
stretching this vertical moment of time higher and higher

outside the body mind continues to evolve
but the inner pillar of light and its awareness
remain constantly present throughout these years
the watcher just remains watching
no difference...
just a deepening...
a heightening...
a broadening...

but the same taste of isness
has remained around me for the last thirty years
whosoever knows me
says you are exactly the same
the same taste
that you carried then
you are the same
hmm hmm

we are going to start meditation methods tomorrow
sometimes it is difficult to just explain things just verbally
but when i do certain meditation techniques
i show you what i am saying and you understand immediately
so be patient...wait
you will understand
because you need an outer explanation
to understand the inner experience
that is why i am here
but i keep repeating
it is very simple

people have translated enlightenment into something very difficult
i am just an ordinary human being
i am not great in any way at all
i do not even like that word great...
just an ordinary human being