

you lose your comfort
i am here to disturb your comfort
because if i cannot disturb that comfort
the search will never begin

so you do not know that i am a dead person sitting here ?
are you sure you are living ?
i am sure i died !
that is why i know i have come back

there is this very beautiful story of kabir
the fish is born in the ocean
it lives in the ocean so it never knows the ocean
it has never been separated from the ocean
it is born in the ocean...swims in the ocean...
ignores the ocean completely...
for the fish the water is all around
it is so close and it is so one with the water
it does not know it is life itself
but pull the fish out of the ocean
and suddenly it realises...my god
this is ocean !

this is the experience of death
you do not know you are living until you die
very strange !
and then it is too late
when you die you know you were living for the first time
my god...i was living !
but it is too late

death shows you life
that is why i am speaking of life continuously
because i was pulled out of my body
and i realised life exists

the watcher is watching
the source of life is the witness
and there is the body mind like a computer lying below
then i am not the body...not the mind...
i am something beyond the transcendental
watching the whole game of life

by some blessing i came back into the body
and from that day onwards my whole life was transformed
i saw the beauty of life that was pulsating within me
i dived deeper into its states of reality
and after almost twenty years
i have begun speaking about life
and the beauty of life
but had i not died
had i not seen the body separate
i would have been like the fish in the ocean

question *how long does it take to arrive to the state that you have now ?*

no time
it is an experience where no time exists
you are experiencing it all the time again and again
how to become aware of its presence ?
how to create the awareness that it is present around you ?
that does not need time

once the seed is opened and the roots are born
the roots and the trunk and the leaves start flowering
the whole question is a seed
does the seed know that moment ?
when the seed opens that moment has happened already...
how to deepen it is totally different