

you are a buddha  
pure laziness...  
no effort...not even to find truth...not even to find god...not to find anything  
do not make any meaning in life  
do not begin  
just stop from the very beginning !  
this state is the state of enlightenment  
you have already achieved everything  
you have achieved life  
the greatest achievement is already contained within you  
you have life !

your five senses are functioning  
why achieve more ?  
nature has achieved life through you  
you are living !  
you want more achievement ?  
you want a miracle ?  
the miracle is present because you are living  
see the miracle of life  
the mind wants to add more  
a few medals...some silver cross  
i am a warrior...i am the president...i am the prime minister

you have life  
that is enough unto itself !  
understanding life and the flow of life is enough  
please do not achieve anything  
enlightenment is not an achievement  
it is a drowning into the existential truth of life  
that is already pulsating within you  
it is feeling the pulse of life that is already within you  
understanding the source of life and drowning gratefully into its silence  
you have already achieved without achieving

the buddhas are the ones who have dropped achieving  
so lazy...so content  
totally herenow  
just enjoying the breath  
this pulse of life  
aahhh...  
perfect !  
this is gratitude...that you have life  
you do not need more  
ask the person in the grave what is missing in you  
he will say i have a big bank balance  
i have my wife and my children...a mercedes and an airplane  
i was the prime minister of ukraine  
but i am now buried in this beautiful coffin  
everything is there but only one thing is missing...  
life...

you do not need to achieve  
you have it all within you  
just a little understanding  
a little sense of humour also  
and you will see that you do not need to add  
just live your life lazy  
no doing...no desire and you will laugh  
that is me !

i am very lazy  
the greatest qualification on earth...laziness  
it is not an ordinary achievement...remember  
do not undermine this word laziness...it is a very great word  
people are too busy doing too many things  
you cannot find a lazy person anymore  
they do not even have time to breathe...they are so busy  
a lazy man at least is breathing