

i can find one million points that are beautiful in you  
and maybe you can find few points that are against you  
but even those few are not against you  
they are there for you to help you grow  
that struggle will create the fire within you  
in the end you realise that there is nothing negative

invest your time in seeing the beauty in you  
but people do not see the beauty  
because it is so invisible...it is so silent...  
they can see the rocks easily  
i do not bother about rocks  
please...there is nothing negative

therapists and teachers are always there to point out your mistakes  
their job is to find all the mistakes in you  
these are teachers and dictators who are trying to put you down  
they say...these are your mistakes...become better  
these are your negative points...find a way out of it

i tell you...in this audience not a single person has any mistake  
these are your conditionings given to you by others who do not like you  
they have an interest in showing you your mistakes  
they have an interest in showing you what is wrong in you

the mystic has no interest  
his only interest is to make you fly and be free  
you can ask the light  
where is the darkness ?

wherever the light will go there is simply light  
find the light within you  
few dark corners are fun because what you will do the whole day ?  
too much light !  
you will have to look for some dark corners

do not label yourself  
do not judge yourself  
do not be your own enemy  
this is why buddhas say accept yourself totally  
understand your inner being with a deep inner trust  
see the beauty in you  
there is nothing else !

i am saying this because i have not found anything negative  
neither in myself neither in anybody  
they have not learned the knack how to transform energies that are sleeping  
and how to awaken your whole potential  
that is the art of transformation...not labelling and trying to change it

there is a vast difference and a great implication  
and that is why i am against the therapists and group leaders and psychoanalysts  
their whole business is invested in finding your faults...poor little person !  
life is so short !  
you have no time to live and breathe  
and look at these people who are finding your faults...  
they are more miserable than you are !  
never allow anybody to dictate anything to you  
do not allow anybody to pull you down