

the inner journey is so utterly simple  
no searching...no wanting...no becoming...nothing  
just the way you are  
exactly the way you are  
not searching and seeking and running for answers  
but dissolving into a deep silence and stillness  
in this deep state you will discover  
that you are already home  
i am not here to teach you anything  
you already know too much  
i am not here to show you anything  
just to indicate to you what you have present within you  
just to remind you that all that you are searching for  
is already silently contained within you

understand what you are carrying within you  
i am not here to add any more rubbish  
you are already carrying too much  
i am here to show you how to move inward  
deeper and deeper into your own inner being  
the inner journey is of utter innocence and simplicity  
stop searching for answers outside  
the outside can only be understood by the mind  
you cannot drink the outside  
but you can live your inner silence  
you can drink your inner being  
and you can drown into your own inner sky  
and that is the finding or rather the disappearing

truth is so simple  
but you have forgotten the language of silence  
you have forgotten how to be still  
how to listen deeply within your inner being

you have lost your inner trust  
you have lost the way to love yourself...to be yourself  
always being somebody else  
living for others...loving others...trusting others...asking others  
completely forgetting your inner master  
this is the way back home  
all it needs is an open heart  
a deep innocence and a silent watching  
i am here to show you what you have  
remember i am not a group leader or a therapist  
it is their business to show you what is wrong with you  
what is missing in you  
i am a mystic  
i am here to show you what is right in you  
what is beautiful in you  
the life that is flowing within you  
you have simply no blocks...nothing whatsoever !  
you do not need to overcome anything  
simply drown and in that drowning  
the secret inner light will simply reveal itself to you

i am a mystic...i only see what is right  
and from your strength i give you more strength  
to grow higher and higher  
use your strength to fly  
use what you have to grow  
i am not interested in anything that you do not have  
these are the shadows...do not fight with your shadows  
if you do not have something let it not be there  
see the infinite life that you have within you  
go deeper into this livingness within you  
spread your love...share your love  
trust your inner silence